



ANTI-AGING  
SPECIAL!  
**LOOK FIVE  
YEARS  
YOUNGER:  
HAIR  
SKIN  
LEGS**

# THE **PERSONAL STYLE ISSUE**

FIND YOUR FASHION  
PERSONALITY

# 450+

SHOES, BAGS,  
BOOTS, COATS,  
JEANS, MORE!

# 8

DIFFERENT  
STYLE TYPES:  
WHICH ONE  
ARE YOU?

**WHEN HE'S  
TURNED OFF  
BY YOUR  
BODY IN BED**  
HOW TO KNOW  
HOW TO DEAL

POSITIVE THINKING  
OVERLOAD:  
**THE SURPRISING  
CAUSE OF STRESS**

# VICTORIA BECKHAM

ON DAVID, HER LATEST LOOK,  
AND HOW SHE KEEPS  
THAT HARD BODY

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